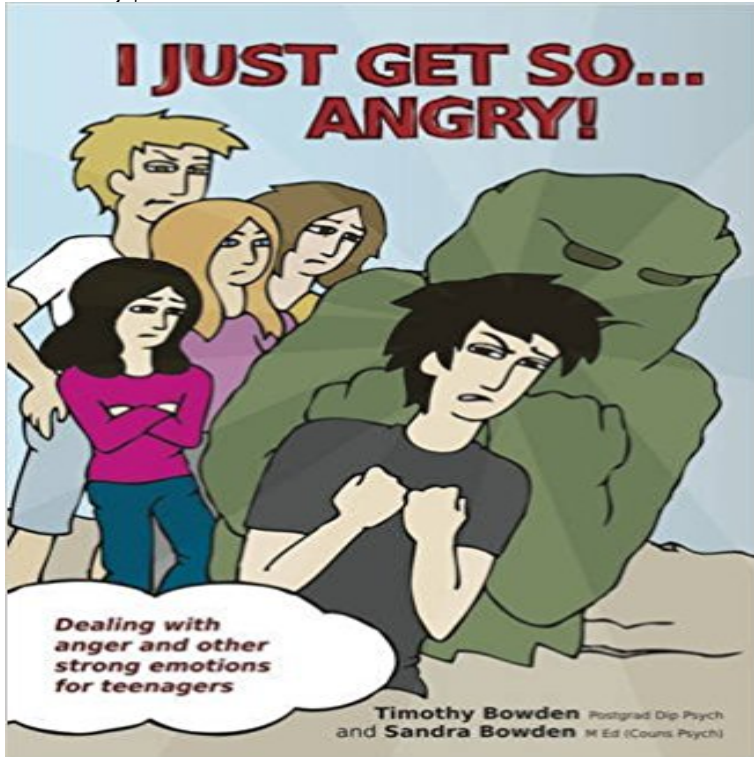


I Just Get So ... Angry!: Dealing with anger and other strong emotions for teenagers



This self-help book for teenagers in graphic novel format, shows young readers how to stand up to self-destructive issues such as anger, depression, anxiety and negative body image.

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